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Project: “Establishment of a transnational network of  
adult education providers for the promotion of social  
inclusion of vulnerable groups” – STEP UP

*Project N° 621376-EPP-1-2020-1-EL-EPPKA3-IPI-SOC-IN*

## Good practices - Spain

Consortium partner: Espacio Rojo



## 1. Converging space

Plena Inclusión Madrid is the Federation of Organizations of People with Intellectual or Developmental Disabilities of Madrid. It is a non-profit organization that was born in Madrid in 1978 and whose action translates into providing services, defending rights and being an agent of social change. Represents the associative movement of intellectual disability in the Community of Madrid.

Convergent Space are rooms that an artist develops in an entity to develop a collaborative artistic project. It is carried out through the Convergent Space Call, Plena Inclusión Madrid has awarded grants to four artists who presented projects related to dance, ceramics and the visual arts (painting, photography and video). The projects carried out in the centres will be shown and disseminated through parallel activities and social networks.

- ✓ Phase 0. Public call for the presentation of artistic projects
- ✓ Phase 1. Selection of the 4 projects to be executed and the centres where it will be carried out by an independent jury made up of experts in different artistic expressions
- ✓ Phase 2. Project execution. Stay of the artist in a centre.
- ✓ Phase 3. Documentation and dissemination of the process
- ✓ Phase 4. Project result samples
- ✓ Phase 5. Delivery of Memories of artists and centres

The good practice was sponsored by the Repsol Foundation and was implemented with the participation of 18 artists, 16 centres and 144 beneficiaries.

- **More information**

<https://plenainclusionmadrid.org>

## 2. Intercultural Meeting of Older People in Usera

La Rueca Association is a non-profit organization that was born in 1990 by a group of professionals related to the social and cultural field. Since then, we have been working on different projects in order to increase the quality of life and well-being of the most disadvantaged and vulnerable people.

High impact since there was a participation of 180 people of Spanish, Chinese and Latin American nationalities (older people), various collaborating artists and participation and collaboration of the Chinese Seniors Center and the Senior Citizens Table of the Local Forum of Usera; In addition, an interpreter was hired in order to be able to mediate between all the people.

Who organized the meeting were the Program for the promotion and improvement of Intercultural coexistence and social cohesion in the District of Usera, Intercultural Coexistence Service in Neighbourhoods and Municipal Centers for the Elderly of Usera.

Half of financing by Europe (international) and the other by the Community of Madrid (national)

- **More information**

<https://larueca.info/>

### 3. EM-Creative

Alucem Lugo (Lucense Multiple Sclerosis Association) is a non-profit organization that works throughout the province of Lugo. This association was created in 1996 by a group of people interested in learning more about this ailment and improving research in this field.

One of the main objectives of this association is to carry out a rehabilitation process for all people affected by multiple sclerosis. Moreover, the Association aims to improve the quality of life of the affected people, adapting the resources to their individuality and an active lifestyle.

#### **Methodology:**

- Theater
- Painting / Illustration
- Literature (Writing)
- Training designed over three years: ranging from literary techniques, to design and layout.

#### **Impact**

- Recipients of the “Embarcate” Award from Sanofy Pharmaceuticals. In addition, more than a hundred literary prizes or awards obtained by the group. Edition of a solidarity book. Edition of three novels.
- On the other hand, the published book "The visits of scle to mother", will be distributed among the educational centers of Lugo (about 200 copies), thanks to the Department of Culture, Education and University.
- Finally, in the group there have also emerged 2 other novels: “Apothecary of the people” (Raquel Prado) and “La Marche de Ángel” (Pablo Veiga), published through the professional's publishing house.

### 4. Art and Culture Area

The ONCE Foundation for Cooperation and Social Inclusion of People with Disabilities was established in February 1988, by agreement of the General Council of the ONCE, and was presented to society in September of that same year as an instrument of cooperation and solidarity of the blind. Spaniards to other groups of people with disabilities to improve their

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living conditions. In addition to ONCE itself, as a founding entity, the main organizations of people with disabilities in Spain are present in the ONCE Foundation, through its Board of Trustees, the highest governing body.

CERMI (Spanish Committee of Representatives of People with Disabilities) is also part of the Board of Trustees of the ONCE Foundation, a platform that brings together the main organizations of people with disabilities in Spain, many of them autonomous, and that brings together more than 3,000 associations and entities, representing the 3.8 million people with disabilities and their families that exist in our country.

The ONCE Foundation, in its 25 years of experience, aims to achieve the full normalization of the lives of people with disabilities, not only accessing the labor market in an equal way, but also being able to develop in all social areas in the most independent possible. Within the Directorate of Universal Accessibility, cultural work is one of our priorities.

Recently, they have developed the following projects:

- Biennial of Contemporary Art
- Itinerant Exhibition: "The world flows. Two views on the same reality"
- Temporary Exhibitions: Room "Cambio de Sentido"
- 12 Unique documentaries

**Methodology:**

All kinds of arts, both scenic and pictorial or audiovisual: theater, dance, music, cinema, photography, painting, sculpture and cultural programming.

**More information:**

<https://arteycultura.fundaciononce.es/index.html>

## 5. Coexisting the municipality

The Spanish Commission for Refugee Aid, CEAR, has been defending the right to asylum and human rights since 1979, promoting the integral development of refugees who are fleeing armed conflicts or violation of human rights, asylum seekers, stateless persons and migrants. in need of international protection and / or at risk of social exclusion.

**Methodology:**

Both painting and audio-visual.

PHASE 1: BOOSTING PARTICIPATION

- Coordination meetings with CEAR Madrid technical teams linked to reception facilities and the area of social inclusion of the territorial delegation:
  - Internal coordination: meetings with reception devices, TIS, TS, psychologists, language learning area and CEAR volunteer recruitment and Social Integration students in institutes linked to the territory for referral of newcomers or in the inclusion phase in need of support and relationships inclusive.

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- Coordination with external agents: Neighbourhood associations, social groups, third sector entities (work groups), community projects (ICI Leganés), public administration (different municipal areas: immigration, youth, Interculturality, Language learning, Women, social services, coexistence services).
- Dissemination of the program. The dissemination of the program necessarily implies looking for new coordination spaces with neighbourhood entities, community leaders and local administrations, giving continuity to those that have already been launched.
- Participatory diagnosis of the needs / priorities / interests of migrants and refugees in terms of social participation.

#### PHASE 2: PROMOTION OF LOCAL CITIZENSHIP MEETINGS.

Applicants for international protection in the reception phase have their basic needs covered and can meet others related to the development of basic skills for social inclusion (training for employment, learning Spanish, leisure, free time and, of course, participation active social). The CON-LIVING the Municipality project was born in 2017 to provide a comprehensive response to this competence development in line with a host society in the Community of Madrid that is participatory from the local level. Since 2018 we have collaborated from the project with neighbourhood and social entities, as well as with local public organizations, in the promotion of a greater knowledge about the migratory reality, and how its protagonists can add at the level of neighbourhoods and municipalities, with their resilient experiences and their knowledge from their situation in countries of origin.

- Holding of the welcome session in the territories.
- Training, knowledge and group cohesion.
- Sessions for the general public, neighbours and technical personnel of the Local Administrations, university. Asylum workshops: training for interested persons, feedback to know the reality of migrants and refugees.
- Specific training on how to promote projects from the citizenry for the citizenry. Group facilitation tools, design thinking and social innovation tools.
- Meetings for the design of social participation projects selected from the ideas emerged in the group meetings. Teamwork.

#### PHASE 3: PARTICIPATION ACTIONS FROM THE MUNICIPALITY, FOR THE MUNICIPALITY.

- Carrying out shared leisure activities for group cohesion and knowledge of the environment. Tours and cultural visits Origins of Madrid in collaboration with

cultural entities, itineraries in municipalities with neighbourhood and community leaders, museum visit, university, participation in neighbourhood festivals.

- Execution of citizenship projects. Preparation action, search for resources, distribution of tasks, work groups. Dissemination and development of the action.
- Evaluation of the project: by the agents involved and the participants.
- Sustainability and continuity of the project: Agents involved, derivations, new impulses and participatory processes.

### **Impact**

92 direct beneficiaries and 1,056 indirect beneficiaries

### **6. Looking inside photo - Photography and Gestalt**

Imar Campos is an independent professional, with training in Social Education, as well as Gestalt Therapy; in Creativity and Art therapy; and in Artistic Photography and Photography Direction. In a transversal way, his intervention has a perspective from a gender perspective and a humanist philosophy. He carries out projects as a facilitator of individual and group processes around art, audiovisual media and personal development.

His project "Looking inside foto" is a space created to explore, where photographs are the way to discover your way of looking, looking at yourself and looking at the world; to discover what the photographs say about each one and how we can express ourselves through them.

#### **Methodology:**

Only use photography as a tool for intervention.

On the other hand, the project has the following phases:

- Diffusion and publicity phase to publicize the project
- Phase of making contact with the participants and previous appointments to fit in the practice
- Realization and delivery phase
- Closing phase
- Post-production phase of the visual material

### **7. Move your poetry**

Akántaros is an intercultural and transdisciplinary association dedicated to art and education. A group that performs actions based on a laboratory methodology as a space for research, experimentation and creation. Puff pastry drift, continuous, in which there are proposals,



questions that stretch the imaginary. They are currently developing their work in Argentina, Spain and Mexico.

**Goals:**

To promote: spaces for experimentation-action-reflection, the dynamization of ideas and languages, responsibility, effort, love, towards things, the environment, people, the freedom of ideas and languages, the enriching encounter of cultures. Prevent: the forgetting of historical facts, anti-ecological role models, apathetic, alienated social systems. Promote: cultural manifestations, disparate / common languages, internal / collective reflections, art for coexistence, sustainable exchange relationships. Enjoy: the world, art, childhood, social, work, personal relationships, people, ideas, actions.

**Methodology:**

They use both dance and literature (specifically poetry), unifying both in the process and the result.

- This project is divided into 3 phases:

**Investigation**

Based on the creative proposal and under the direction of Akántaros, the team of cultural agents studies, selects and proposes two poets. After reading their complete works, a certain number of poems is chosen from each one, which will be the ones that will drive the tour of the workshops.

**Virtual or face-to-face workshops**

Based on an open invitation to people between 16 and 99 years old, with or without previous experience (both in the field of poetry and dance), an adventure is offered in a workshop format. In them, poetic-dance movement and exploration practices will be developed, with a maximum flexible participation as agreed.

An online methodology is used with the connection from homes; that attends to generate “danceable material” from guidelines and exercises related to the words of each poet, always considering the difficulties and variety of spaces and people.

**Virtual or face-to-face exhibition**

The third stage of this project consists of generating a choreographic piece lasting approximately 20 minutes, which can be shared online with the community and / or in person.

**8. Performing arts and diversity**

Dan Zass is a non-profit entity, made up of a group of professionals from the performing arts, special and social education, which since 2004 has carried out DANCE activities where people with functional diversity participate mainly, and people without diversity can also participate.

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With the premise of working from people's capacities and not from limitations, spaces are favoured where people with functional diversity develop their artistic concerns, emphasizing the expressive and creative process of each person, having individuality as the initial premise. Maintaining artistic orientation as the main axis, they rely on tools from contemporary dance, dance-theatre, improvisation and contact dance.

The work mainly takes place within the Community of Madrid, with the possibility of moving to other autonomous communities.

Dan Zass intends to promote the flexibility of the performing arts towards the participation and acceptance of diverse bodies and minds, which is enriched and grows with movements, thoughts and expressions, which have not traditionally occurred. They intend to add through diversity.

Among its programs are:

- Pedagogical Program: Weekly dance classes for people with functional diversity
- Awareness Program: Specific dance workshops for people with and without functional diversity.
- Visibility Program: Stage shows of the dance company composed of a cast of dancers with and without functional diversity.
- Research Program: on a methodology for the accessibility of dance for its approach to people with physical, psychological and / or behavioural diversity.
- Therapeutic Program: Therapy through dance

**Methodology:**

- They use both dance mainly, but also theatre.
- In addition, its phases are: Idea, assessment of its viability, writing-reflection for its execution: programming, implementation, execution, evaluation. Many times, the initial idea that prompted the initial idea has been transforming and evolving. The direct and indirect beneficiaries themselves have "decided" by their participation the continuity and where of the programs.

**9. Training center "AMÁS Scene"**

Grupo AMÁS is a foundation that supports, exercises, promotes and defends the rights of people with intellectual disabilities located in the Community of Madrid. They are committed so that people with disabilities can develop their life project, as well as promoting their social inclusion. Their success depends directly on the collective energy and commitment of each and every one of their employees.

The philosophy of the entire Culture Area of the Foundation resides, to a large extent, in the creation of synergies with structures and agents of the Cultural Industry. For this reason, they are permanently in collaboration with Companies, Producers, Programmers, Training





Centres ... etc. for the creation of collaborative projects that can generate added value for them and significant opportunities for Grupo AMÁS.

**Methodology:**

- Theater, film, dance and music training.
- Performing Arts training center for the professionalization of artists with intellectual diversity. This center is located in the Viñagrande Theater, in the municipality of Alcorcón, under the concession of an Artistic Residence with the City Council's Department of Culture.

In it, they train people with functional diversity, in three itineraries:

- Dance
- Interpretation
- Music

However, the global training is holistic and all artists receive training in all subjects. Each training itinerary has its annual schedule in which not only the training objectives but also the personal plans and specific objectives of each artist are collected, both at a training and professional level, ensuring that 100% of the people have at least one professional experience per year. The students of the training centre are made up of the casts of the Companies that we manage, so part of the workload is allocated to creative and production processes, as well as rehearsals and programming.

**10. The Community Art Laboratory (LAC)**

Jelena Cvejic (Independent Professional Artist). Barcelona Spain. Mental Health Hospitals (Hospital San Juan de Dios ..) Residences for the elderly, secondary education institutes.

**Methodology:**

The Community Art Laboratory (LAC) develops creative processes with diverse groups in the city of Sant Boi to bring them closer to contemporary art and contribute to breaking stigmas from an inclusive and participatory conception of culture.